

Understanding Antagonistic Character Structures

Workshop Description and Details

Date/Time/Location: November 10, 2014, 12pm-1pm, Solutions Treatment Center, Santa Fe

Description: This workshop will explore key dynamics of the treatment of individuals with antagonistic character structures.

Course Objectives: Participants will gain:

1. A working knowledge of the “alpha narcissistic” and “passive aggressive” character structures as conceptualized by West and Dougherty.
2. Strategies to successfully engage individuals with these character structures in treatment in group and individual contexts.

Teaching Method: The course will consist of (percentages approximate):

50% didactic lecture and discussion of reading

50% clinical case presentation and discussion

CE Requirements: 1. Read Chapters 8-9 of *The Matrix and Meaning of Character: An Archetypal and Developmental Approach*, by Jacqueline West and Nancy Dougherty.

2. Attend full workshop.

3. Complete an evaluation of the workshop.

Workshop Leader: Jason Holley, MA LPCC; bio at www.jasonholley.net

CE Provider: Jason Holley, MA LPCC; NM Provider # 0166371